## Grewing Healthy Families

BRATTLEBORO DISTRICT OFFICE • Vermont Department of Health, WIC Program Brattleboro, VT 05301 • 1-802-257-2880 or 1-888-253-8805

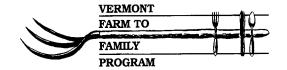
## Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



## Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more! Drop in anytime during the times listed.

DATE	TIME	PLACE
Wednesday June 25	9:00 a.m.–3:00 p.m.	WIC Office Vermont Department of Health 232 Main Street Brattleboro
Saturday July 12	9:00 a.m.–2:00 p.m.	Brattleboro Area Farmers' Market Route 9 West Brattleboro west of covered bridge
Friday July 18	4:00–7:00 p.m.	Townshend Farmers' Market West Townshend Country Store/ Post Office Junction of Route 30 & Windham Hill Road
Wednesday July 23	10:00 a.m.–2:00 p.m.	Brattleboro Area Farmers' Market Whetstone Pathway Brattleboro Food Co-op 2 Main Street, Co-op Plaza
Saturday July 26	9:00 a.m.–2:00 p.m.	Brattleboro Area Farmers' Market Route 9 West Brattleboro west of covered bridge
Wednesday August 13	10:00 a.m.–2:00 p.m.	WIC Office Vermont Department of Health 232 Main Street Brattleboro

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

